GOVERNMENT OF THE PUNJAB TECHNICAL EDUCATION & VOCATIONAL TRAINING AUTHORITY

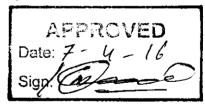


CURRICULUM FOR

ADDA WORK

(3 – Months Course)

Revised April 2016



CURRICULUM SECTION ACADEMICS DEPARTMENT

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TRAINING OBJECTIVES

This course aims at imparting practical skills and theoretical knowledge of different techniques of Adda work to the trainees & introduces the principles of designing. This course will enable the trainees to make creative designs in embroidery & prepare a project by using the Adda Work techniques.

This course will also enhance the vision of market to the trainees and develop direct approach to the related industry

CURRICULUM SALIENTS

Entry Level : Primary and above

Total Duration of Course : 3 Months

Total Training Hours : 400 Contact Hours

Training Methodology : Practical 80 %

Theory 20 %

Medium of Instruction : Urdu / English

SKILL PROFICIENCY DETAILS

On successfully completion of this course, the trainee should be able to: -

- Develop the design
- Confirm the suitability of design according to current/ contemporary needs
- Create the color combination of different types of project
- Apply different techniques for the development of design

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KNOWLEDGE PROFICIENCY DETAILS

On successful completion of this course, the trainee should be able to: -

- Explain the design suitability
- Explain color selection and color combination
- Explain the use of tools according to need of technique
- Explain about application of design according to size of project

Date 7-4-16

SCHEME OF STUDIES

Adda Work

(3 – Months Course)

| S.No | Subjects | Theory Hours | Practical Hours | Total Hours |
|------|-----------------------------|-----------------|--------------------|----------------|
| 1. | Introduction and importance | 5 | 0 | 5 |
| 2. | Designing | 15 | 22 | 37 |
| 3. | Hand embroidery | 10 | 22 | 32 |
| 4. | Techniques of Adda work | 25 | 215 | 240 |
| 5. | Market Visit | 6 | 20 | 26 |
| 6. | I.T Fundamentals | 4 | 16 | 20 |
| 7. | Functional English | 15 | 25 | 40 |
| | Total | 80 | 320 | 400 |

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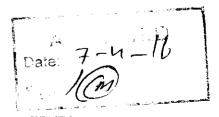
DETAIL OF COURSE CONTENTS

Adda Work

(3 – Months Course)

| Sr. No. | | Detail of Topics | Theory Period | Practical Period |
|------------|-------------|------------------------------------|------------------|---------------------|
| 1. | Introductio | n & Importance | 05 | |
| | 1.1. | Brief on course contents | | |
| 2. | Designing | | 15 | 22 |
| | 2.1 | Definition of design | | |
| | 2.2 | Types of design (basic) | | |
| | 2.3 | Principal and elements of design | | |
| | 2.4 | Types of colors | | |
| : | 2.5 | Color combination | | |
| | 2.6 | Selection of design | | |
| | 2.7 | Selection of colors | | |
| | 2.8 | Suitability/selection of design | | |
| | | according to the project | | |
| 3. | Hand Embr | oidery | 10 | 22 |
| | 3.1 | How to make a trace | | |
| | 3.2 | Adjustment of design according to | | |
| | | different garments | | |
| | 3.3 | Adjust the fabric on Adda frames | | |
| | 3.4 | Adjusting & Transforming different | | |
| | | pattern of trace on fabric | | |

| 4. | Techniques | of Adda Work | 25 | 215 |
|----|-------------|--------------------------------------|----|-----|
| | 4.1 | Tilla Work | | |
| | 4.2 | Moqaish Work | | |
| | 4.3 | Needle Work | | |
| | 4.4 | Sitara/ Moti Work | | |
| | 4.5 | Dabka Work | | |
| | 4.6 | Nakashi Work | | |
| | 4.7 | Cut Work | | |
| | 4.8 | Patch Work | | |
| | 4.9 | Aari Work | | |
| | 4.10 | Make a file of samples including all | | |
| | | above mention techniques | | |
| 5. | Market Visi | | 6 | 20 |
| | 5.1 | Selection of two or more techniques, | | |
| | | customarily used according to | | |
| | | fashion | | |
| | 5.2 | Make a project by the combination | | |
| | | of different techniques | | |
| | 5.3 | Know how the finishing techniques | | |
| | | Total | 61 | 279 |



LIST OF PRACTICALS

Techniques of Adda Work

- 1. Tiller Work
- 2. Moquash Work
- 3. Needle Work
- 4. Sitara / Moti Work
- 5. Dabka Work
- 6. Nakshi Work
- 7. Cut Work
- 8. Patch Work
- 9. Aari Work
- 10. Make a file of Samples

Make any Project by the combination of different techniques

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SCHEME OF STUDIES I.T Fundamentals

| S.No | Main Topics | Theory Hours | Practical Hours | Total Hours |
|------|----------------------------|-----------------|--------------------|----------------|
| 1. | Introduction to Computers | 1 | 4 | 5 |
| 2. | Typing - Microsoft Word | 2 | 6 | 8 |
| 3. | Internet & Electronic Mail | 1 | 6 | 7 |
| | Total | 04 | 16 | 20 |

DETAIL OF COURSE CONTENTS I.T Fundamentals

| S. No | Detail of Topics | Theory Hours | Practical Hours |
|-------|---|-----------------|--------------------|
| 1 | Introduction to Computers | 1 | 4 |
| | 1.1 What is a computer- Definition, functions and general features? | | |
| | 1.2 What is Hardware – 1.2.1 Computer parts and units 1.2.1.1 Input Unit - Keyboard, Mouse etc. 1.2.1.2 Central Processing Unit 1.2.1.3 Output Unit | | |
| | 1.3 What is Software – 1.3.1 Electronic Parts of a Pc it is 1.3.1.1 Software and Its types 1.3.1.2 System Software, Application Software | | |
| | 1.4 Working with windows Operating System1.4.1 How does windows desktops work? | | |
| | 1.5 What are the Icons, Shortcuts and other graphic,1.5.1 How to see computer contents on different drives etc | | |
| 2 | Typing and Word processing (MS Word) | 2 | 6 |
| | 2.1 Proper way of typing correct and speedy - getting familiar with the keys | | |
| | 2.2 Where to type in computer? How to save a file? How to get it back? Where to find your saved work? | | |
| | 2.3 How to get it printed? | | |
| 3 | Emailing and Internet Surfing | 1 | 6 |
| | 3.1 How to go to Internet, what is required for an internet connection etc. | | |
| | 3.2 How to use email? How to search on web? | | |

| | Etc | | |
|-----|--|----|----|
| 3.3 | How to make new email account, login and logout an email account etc.? | | |
| | | 04 | 16 |

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LIST OF PRACTICALS I.T Fundamentals

| S. No. | Name of Practical |
|--------|--|
| 1. | Turn On/Off and setting of power supply |
| 2. | Accessing The Desktop |
| 3. | Using of Icons and Shortcuts |
| 4. | Setting / customizing the desktop |
| 5. | Viewing the contents of computer – Directory |
| 6. | Copying, Deleting and Moving Files in a folder |
| 7. | Working with different Applications |
| 8. | Opening MS Word for typing |
| 9. | First lesson of Typing A S D F |
| 10. | Second Lesson of typing J K L; |
| 11. | Third Lesson U I O P |
| 12. | Fourth Lesson R E W Q |
| 13. | Fifth Lesson N M , . |
| 14. | Sixth Lesson V C X Z |
| 15. | Seventh Lesson All letter using R index Finger |
| 16. | Eighth Lesson All letter using L index Finger |
| 17. | Formatting in MS Word Bold, Italic etc. |
| 18. | Using Internet |
| 19. | Opening Email, making new account |
| 20. | Sending Receiving Emails |

SCHEME OF STUDIES Functional English

| S.No | Main Topics | Theory Hours | Practical Hours | Total Hours |
|------|--|-----------------|--------------------|----------------|
| 1. | Introduction of English Sentence Structure | 2 | 3 | 5 |
| 2. | Use of present indefinite tense | 2 | 3 | 5 |
| 3. | Use of 'is' 'are' 'am' questions and negatives | 2 | 3 | 5 |
| 4. | Ask questions | 2 | 3 | 5 |
| 5. | Express daily routines | 2 | 3 | 5 |
| 6. | Know how to address people | 1 | 2 | 3 |
| 7. | Provide written feedback | 1 | 2 | 3 |
| 8. | Dialogues | 1 | 2 | 3 |
| 9. | Understand vocabulary | 1 | 2 | 3 |
| 10. | Application/C.V. | 1 | 2 | 3 |
| | Total | 15 | 25 | 40 |

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DETAIL OF COURSE CONTENTS Functional English

| S. No | Detail of Topics | Theory Hours | Practical Hours |
|-------|--|-----------------|--------------------|
| 1 | Introduction of English sentence structure | | 3 |
| 2 | Use of present indefinite tense with exercises | 2 | 3 |
| 3 | Use of 'is' 'are' 'am' questions and negatives | 2 | 3 |
| 4 | 4.1 Ask questions | 2 | 3 |
| • | 4.1.1 At work place | - | |
| | 4.1.2 In the market | | |
| | 4.1.3 In classroom | | |
| 5 | 5.1 Express daily routines | 2 | 3 |
| | 5.1.1 Before going to college | | |
| | 5.1.2 Dealing with colleagues | | <u>L</u> |
| | 5.1.3 Going to market | | \$ |
| | 6.1 Know how to address people | 1 | 2 |
| 6 | 6.1.1 In Meetings | | |
| | 6.1.2 In class | | |
| 7 | 7.1 Provide written feedback | 1 | 2 |
| | 7.1.1 After visiting the market | | |
| | 7.1.2 On some official task | | |
| | 8.1 Dialogues | 1 | 2 |
| | 8.1.1 With colleague | | |
| 8 | 8.1.2 Teacher/student | | |
| J | 8.1.3 Employer/employee | | |
| | 8.1.4 Booking on railway station | | |
| 9 | Understand vocabulary | 1 | 2 |
| 10 | Application / C.V. | 1 | 2 |
| | Total | (5) | 25 |

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LIST OF PRACTICALS Functional English

| S. No. | Practical |
|--------|------------------|
| 1. | Group discussion |
| 2. | Interviews |
| 3. | Role play |

LIST OF LABS

Adda Work

Lab for Adda Work

I.T Fundamentals

Computer Lab

Date: 7-4 - 16
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LIST OF MACHINERY / EQUIPMENT / TOOLS

(For a class of 25 students)

| Name of Trade | Adda Work |
|--------------------|-----------|
| Duration of Course | 3-Months |

| S. No. | Name of Tools & Equipment | Quantity |
|--------|----------------------------------|----------|
| 1. | Special needles | 25 |
| 2. | Full room carpet | |
| 3. | Iron | 01 |
| 4. | Tracer | 01 |
| 5. | Sewing Machine (simple electric) | 10 |
| 6. | Embroidery Scissors 4" | 25 |
| 7. | Cutting Scissors 10" | |
| 8. | Tracing Roll/Butter Paper | 01 |
| | Furniture | |
| 1. | Stools | 25 |
| 2. | Adda frame (wooden) | 13 |
| 3. | Display table | 02 |
| 4. | Teacher chair | 01 |
| 5. | Teacher table | 01 |
| 6. | Iron Table | 01 |

Date 7-4-16

COMPUTER LAB

| S. No. | Tools / Equipment | Quantity |
|--------|--|---|
| 1. | Desktop computer (Specifications as per notification issued by MIS Section, TEVTA) | 26 (1 for each student & 1 for the teacher) |
| 2. | Printer (Laser) | 01 |
| 3. | Scanner | 01 |
| 4. | Internet Connection (At least 1 MB speed) | 01 |
| 5. | UPS 10 KVA | 01 |
| 6. | Air Conditioner 1 ½ Ton | 02 |
| 7. | Multimedia Projector | 01 |

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LIST OF CONSUMABLE MATERIAL

Adda Work

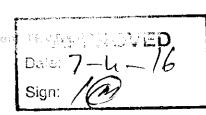
| S. No. | ltems | Quantity |
|-----------|--|-------------------|
| 1. | Silky/ anchor thread (Different colors reel) | 05 |
| 2. | Silver and golden dabka | 01 pkt |
| 3. | Beats | 01 pkt |
| 4. | Sequences | 01 pkt |
| 5. | Mirrors | 01 pkt |
| 6. | Dori for Cloth fixing | 01 reel |
| 7. | Cord | 01 reel |
| 8. | Different colors cloth for patches | 3 colors 9*9 size |
| 9. | silky/ shafoon fabric | 01 meter |

Functional English

| S. No. | Item | Quantity |
|--------|---------------|--------------------|
| 1. | Stationery | As per requirement |
| 2. | Board Markers | As per requirement |

I.T Fundamentals

| S. No. | ltem | Quantity |
|--------|----------------|--------------------|
| 1. | Printing Paper | As per requirement |
| 2. | Printer Toner | As per requirement |



EMPLOYABILITY OF PASS OUTS

The pass out of this course may find job / employment opportunities in the following areas / sectors:

- · They can join garments industry.
- They can join Boutique and industrial homes.
- They can work at home.
- They can work in private sector.

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MINIMUM QUALIFICATION OF INSTRUCTOR

- Two Year Certificate Course (DVG) plus 3-5 Years experience
 OR
- Three Year Diploma Course (DDM) plus 2 Years experience

Functional English

M.A. (English)

I.T Fundamentals

DAE CIT/ BCS from HEC recognized university

Date: 7-4-6 Sign: 100

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REFERENCE BOOKS

Adda Work

- 1. Libaas by Saeeda Ghani
- 2. Crewel embroidery by Bushra Smook
- 3. Embroidery for beginners by ordori
- 4. Jaded kasheeda kari by Farzana Bokhari
- 5. Magazine related to fashion and dress designing.
- 6. Research through internet and magazines etc.

Functional English

- 1. High School English Grammar By Wren & Martin
- 2. Oxford English Grammar

I.T Fundamentals

- 1. Introduction to Computer by Peter Norton
- 2. 2007 Microsoft® Office System Step by Step by Joyce Cox, Steve Lambert and Curtis Frye
- 3. Internet and E-mail with Windows 7 by Studio Visual Steps

Date: 74-16

LIST OF TRADE RELATED JARGON

| Words | Meaning |
|-------------------------|------------------------|
| An Work | ⁷ ری کا کام |
| Wooden Frame | لکئزی کافریم |
| Chain Stitch | زنجيرى تائله |
| Beads | موق |
| Sequence | ا ستمار ہے |
| Time a | |
| Nakshi | نقش |
| Dabki | ڌ کِي |
| Standard | معياري |
| Silk Thread | ر لیشی وصا گند |
| Shirt Design | شرت وبيزائن |
| Doppatta Design | وو پیشاؤیزائن |
| Twistinmg Dorri | مز دری دوری |
| Brida: Dress | عروی لباس |
| Party Dress | پارنی وریس |
| Formal Dress | فارش لبأس |
| Informal Dress | إن فارش امیات |
| Different types Dorries | منتاف فتم کی ڈوریاں |
| Mirror work | شيشه ورك |

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| Border Design | بار ڈر ڈیز ائن |
|------------------|-----------------------|
| Back view | بَيَكِ وْمِينِ النَّن |
| Twisting Piece | تحكزے ومروز نا |
| Asthetic Sense | جهاليا تي حس |
| Interesting work | ولچيپ کام |
| Finishing | فغشنك |
| Favourite | ليسند بيرو |
| Patch Work | <u>ا</u> ر ال |
| Cut work | سېت ورک |

7-4-16

Curriculum Revision Committee

 Ms. Qureshia Sultana, Instructor (Fashion Designing), GCT (W) Lytton Road, Lahore Convener

 Ms. Abida Khalid, Instructor DDM, GCT (W) Lytton Road, Lahore Member

ATM SVE**D**Date: フールール

Sign: